THESIS: Taking notes is useful for the whole life, if you are able to take good notes, you will be more effective in pursuing your goals but unfortunately it is an underrated skill.

a) Effective note taking helps you to remember information and aids your understanding of that information
b) Notes are subjective, everyone has his own way to take it
c) Taking notes helps to create a mental-logical order

For many students taking notes isn't an habit, they listen in class, read books and study but they don't take notes. This happen because taking notes is often considered a waste of time, an useless and unnecessary action.

In my opinion taking notes is a subjective thing, each one with time develop his own calligraphy, his method to sketch and the best way to memorize concepts. Therefore taking notes shouldn't be an obligation, it should be a will of the student to aggregate more information about a specific argument and to simplify the comprehension of it.

Is a fact that taking notes is useful, not only for the single students but also for people of every age, indeed the skill of taking notes is something that we all have from birth, the instinct of schematize and simplify something really difficult is in all of us, but often for indolence we avoid to do it.

Taking notes has different benefit: the develop of a good memory is one of them, the action of write and write again make definitely learn some information even before studying, another among other things is the ability of realise what we really understand: often we study passively what is written on the books and consequently we don't realise if the argument treated is really clear or if we are only memorizing some concepts.

To sum up I say that taking notes can be a creative way to learn new things, so we all should work hard to do it more often because with practice and time it will become easier and more intuitive. The skill of taking notes can be useful for anybody so why don't we start now?