**Question nr. 12**

* **English: If you do how often do you train?**
* **Italiano: Se sì, quante volte ti alleni?**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Answers** | **Total****M + W** | **%** |  | **Men** | **%** |  | **Women** | **%** |
| Once a week | 85 | 9,5 |  | 39 | 8,4 |  | 46 | 10 |
| Twice a week | 210 | 23,5 | 109 | 24,5 | 101 | 23 |
| Three times a week | 379 | 42 | 204 | 45,5 | 175 | 39,5 |
| Once a month | 1 | 0,1 | 1 | 0,2 | 0 | 0 |
| Twice a month | 0 | 0 | 0 | 0 | 0 | 0 |
| Sometimes | 1 | 0,1 | 1 | 0,2 | 0 | 0 |
| Rarely | 3 | 0,3 | 1 | 0,2 | 2 | 0,5 |
| Never | 142 | 16 | 60 | 13 | 82 | 19 |
| Other | 74 | 8,5 | 37 | 8 | 37 | 8 |
| Total number | 895 | 100 | 452 | 100 | 443 | 100 |