

**THESIS:** The ability to take an information and make it one's own is a basic skill useful in life.

**QUESTION:** If people and students don't take notes correctly, will this skill develop?

**ARGUMENTATION:** Giving students prepared notes and PowerPoint slides does not improve their ability to take notes.

**ADDITIONAL ARGUMENTATION:** Restructuring one's notes is useful, since when somebody process them, notes will have a cronological and logical order.

**FINAL ARGUMENTATION:** The cognitive exercise of recognizing, summarizing and processing is what metters the most