THESIS: taking notes is a valuable life skill

1. SKILL: be able to take good notes

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 Effect: be more effective in pursuing goals

1. WHY? Helps people to remember information

 Aids people’s understanding concepts

1. Is important make own notes

Take notes is a To process information studies have shown

passive activity and understand

 concepts comprehension are

 improved when

You have to do an You have to selecting people make their

active process, when and analysing new own notes

you do your notes. Information.

 Rather than rely on

 materials provided

 by others.