THESIS: taking notes is a valuable life skill

1. SKILL: be able to take good notes

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Effect: be more effective in pursuing goals

1. WHY? Helps people to remember information

Aids people’s understanding concepts

1. Is important make own notes

Take notes is a To process information studies have shown

passive activity and understand

concepts comprehension are

improved when

You have to do an You have to selecting people make their

active process, when and analysing new own notes

you do your notes. Information.

Rather than rely on

materials provided

by others.